

Workshop Series for Volunteers

Financial Sustainability

- Planning and budgeting**
- Fund raising methods and tips**
- Government sources of funds**
- Private sources of funds**
- Accountability and record keeping**

Recruiting, Motivating and Retaining Volunteers

- Finding and keeping volunteers**
- Current trends in volunteering**
- Recruitment success**
- What motivates a volunteer**
- Keep them coming back**

Community Engagement

- The importance of social capital, sense of belonging, and building the social fabric of our communities and relationships**
- Learn the principles of true community engagement and public participation practice; grounded in the empowerment of citizens to engage in collective action**
- Skills based learning on listening, valuing, dialogue, and appreciative inquiry**

Board Governance

- Running effective and successful meetings**
- Dealing with sensitive issues and resolving conflicts**
- What constitutes a conflict of interest and how to deal with it**
- Protecting yourself and the organization from liability issues**
- Board member responsibilities**

Mental Health First Aid

- One in three Canadians will experience a mental health problem at some point during their life. The earlier a problem is detected and treated, the better the outcome. Mental Health First Aid gives people the skills they need to provide that early help so important in recovery**
- This workshop will provide an overview and examine the fundamentals involved in the St. John Ambulance Mental Health First Aid Course**